



THE NORMAL MARCHING BAND

Metamora Township HS Marching Band Competition

SATURDAY, OCTOBER 12, 2024

What to pack

Parents who are interested in riding the bus, chaperoning, helping with the crew, etc. should sign up at normalmb.org.

Be sure to eat a healthy breakfast/lunch before rehearsal and drink plenty of water.

Remember your black socks, marching shoes, and appropriate garments for under your uniform. All band performers must wear compression shorts (or similar) and a tank top (or similar) under their uniform. Be sure that necklines are low so that nothing sticks out at the top of your body suit. (This doesn't change anything for the guard, you know what to wear!) Also remember to remove nail polish and bring hair spray, gel, bobby pins, etc.

Bring snacks, a sack dinner, and/or money for concessions.

If you plan to shower after rehearsal, bring your shower accessories.

Itinerary

before	Be sure to eat nutritious food and drink plenty of water on the day of the event. Eat lunch before rehearsal.
11:30 AM	Rehearsal at NCWHS
~2:30 PM	Rehearsal ends , pack/load trucks (everyone is responsible for making sure that their equipment makes it to the show—either on the bus or to the parent crew who is loading.) <ul style="list-style-type: none">• Drum Line and Front Ensemble, take instruments to truck right away for loading.• Polish brass instruments (sousaphones do this first and load horns on truck)• Showers available if you choose, prepare hair, color guard makeup• Eat snacks, drink water, relax
3:45 PM	Load buses, depart for Metamora Township High School. Bring your water with you.
~4:30 PM	Arrive at Metamora Twp HS - unload, eat dinner, change into uniform, prepare for show.
6:00 PM	In uniform by the buses/trucks, ready for inspection and physical warm up
6:30 PM	Meet guide/report to Warm Up Area B
6:40-7:10 PM	Warm Up in Area B
7:20 PM	At gate
7:30 PM	NMB Performance – Go, Team, Go! Following our performance, clear the field and return all props to their carts. NMB performers will remain on the track to watch the final two performances.
8:15 PM	Presentation of Awards. After awards, return to buses and change out of uniform. Load equipment and prepare for departure.
~10:30 PM	Arrive at NCWHS

Additional Information

Spectator Parking: There is limited parking available in the parking lot on the north side of the school grounds. Please be advised that you may have better luck with street parking south of the school. Please refrain from blocking driveways. Handicapped accessible parking is available in the school's south parking lot, near the stadium entrance.

Information about admission and concessions was not available at the time this itinerary was posted.

Metamora Competition Schedule

1:00 PM	6A: Eureka
1:15 PM	1A: Orion
1:30 PM	1A: Dwight Township
1:45 PM	1A: Morrison
2:00 PM	2A: Farmington Central
2:15 PM	2A: Hoopston Area
2:30 PM	2A: New Berlin
2:45 PM	2A: Pleasant Plains
3:15 PM	3A: Jacksonville
3:30 PM	3A: MacArthur
3:45 PM	3A: El Paso-Gridley
4:00 PM	4A: Sandwich
4:15 PM	4A: Streator
4:30 PM	4A: Danville
4:45 PM	4A: Rantoul Township
5:00 PM	4A: Dunlap
5:45 PM	5A: ROWVA
6:00 PM	5A: U High
6:15 PM	5A: Mt. Zion
6:30 PM	6A: Pekin Community
6:45 PM	6A: Rochelle Township
7:00 PM	6A: Limestone
7:15 PM	7A: Canton
7:30 PM	7A: The Normal Marching Band
7:45 PM	7A: Washington
8:00 PM	Exhibition: Metamora Township

A Note from the NMB Directors

We are excited about all of the hard work that has gone into preparing the show for the first competition! It will be great to share the show with others and to see what they have been working on, too! Remember to represent the NMB at your very best, both on and off the field. Be sure to thank the volunteers for their hard work and be respectful of them – we couldn't do this without them! Lastly, encourage friends, neighbors, and family to come out to Morton and cheer us on—it always helps to have an audience that loves us! Have a great day, work hard, and perform well!